

January 2025



**Cervical
Cancer
Awareness
Month**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1  New Years Day	2	3	4
5  Twelfth Night	6  Epiphany/ Guru Gobind Singh Birthday	7	8	9	10	11
12	13	14  STIQ Day (Sexually Transmitted Infection Question Day)	15	16	17	18
19  World Religion Day	20	21	22	23	24  International Day of Education	25
26	27  Holocaust Memorial Day	28	29  Chinese New Year	30	31	1

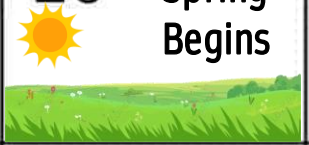
February 2025

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	31	1
2	3	4  World Cancer Day	5	6	7	8
9 JO	10 Start of National Apprenticeship Week M.I.T. >>>	11  Safer Internet Day	12	13 Tu bishvat 	14  Valentine's Day	15
16	17	18	19	20	21	22
23	24	25  Maha Shivaratri (Hindu)	26	27	28	1
2	3	4	5	6	7	8



Heart Health
Month

March 2025

SUN	MON	TUE	WED	THU	FRI	SAT
23	24	25	26	27	28	1
2	3	4 Pancake Day/ Shrove Tuesday 	5 Ash Wednesday 	6 World Book Day 	7	8 International Women's Day 
9	10	11	12	13	14 Hola Mohalla + Holi 	15
16 Disabled Access Day 	17	18	19	20 Spring Begins 	21 Comic Relief/ Red Nose day 	22
23	24	25	26	27	28	29
30 Mother's day 	31 Eid al-Fitr 	1	2	3	4	5



Nowruz



**Women's History
Month**



Ramadan

April 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2  World Autism Awareness Day	3	4	5
6	7 World Health Day 	8	9	10	11  World Parkinson's Day	12
13	14	15	16	17	18 Good Friday 	19
20 Easter Sunday 	21	22	23 St George's Day 	24	25	26
27	28	29	30	1	2	3



**Bowel Cancer
Awareness Month**

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4 International Family Equality Day 	5 African World Heritage Day 	6	7	8	9	10 Fair Trade Day 
11	12 Start of Mental Health Awareness Week 	13	14	15	16	17
18	19	20	21	22	23	24 World Schizophrenia Day 
25	26 Spring Bank Holiday 	27	28 World Blood Cancer Day 	29	30	31
1	2	3	4	5	6	7



**Mental Health
Awareness Month**

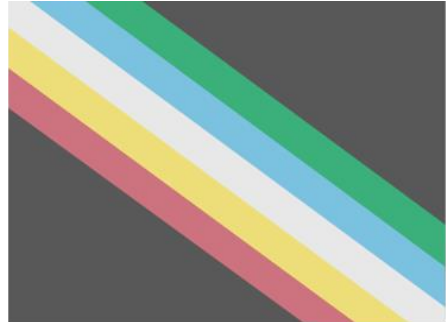
June 2025

SUN	MON	TUE	WED	THU	FRI	SAT
1 National Cancer Survivor's Day 	2	3	4	5 World Environment Day 	6	7 Eid Ul-Adha 
8	9	10	11	12	13	14
15 Father's Day 	16 Start of Learning Disability Week 	17	18	19	20	21
22	23	24	25	26	27 National PTSD Awareness Day 	28
29	30	1	2	3	4	5



Pride Month

July 2025



Disability Pride Month



Plastic Free July

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	1	2	3	4	5
6	7 Start of Alcohol Awareness Week 	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24 Samaritans' Awareness Day 	25	26
27	28	29	30 International Friendship Day 	31	1	2

August 2025

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1  World Lung Cancer Day	2
3	4	5	6  Hiroshima Day	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21  International Tribute Day for Terrorism Victims	22	23
24	25  Summer Bank Holiday	26	27	28	29	30
31  International Overdose Awareness	1	2	3	4	5	6



National Road
Victim Month

September 2025



**SUICIDE
PREVENTION**
AWARENESS MONTH



**Suicide
Prevention Month**

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8 Start of Sexual Health Week 	9 Emergency Services Day 	10	11	12	13
14	15 World Lymphoma Awareness Day 	16	17	18	19	20
21	22	23	24	25	26	27
28	29 World Heart Day 	30 National Nonspeaking/Nonverbal Awareness Day 	1	2	3	4

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 World Teachers' Day 	6	7	8	9	10 World Mental Health Day 	11
12	13	14	15	16	17 Wear it Pink (Cancer Research) 	18
19	20 Diwali 	21	22	23	24	25 International Dwarfism Awareness Day 
26	27	28	29	30	31 Halloween 	



Black History Month

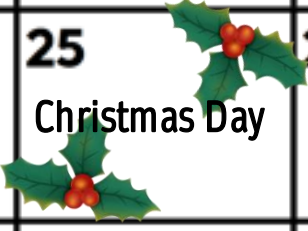
November 2025

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1  All Saints Day	2
3	4	5 Guy Fawkes Day 	6	7	8	9
10	11 Remembrance Day 	12	13  Start of Anti Bullying Week	14	15	16
17	18	19	20	21  Children In Need	22	23
24	25	26	27	28	29	30



Movember

December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 International Day for the Abolition of Slavery 	3	4	5	6
7	8 National Grief Awareness Week Ends 	9	10 Human Rights Day 	11	12 Christmas Jumper Day 	13
14	15	16	17	18	19	20
21	22	23	24 Christmas Eve 	25 Christmas Day 	26 Boxing Day 	27
28	29	30	31 New Year's Eve 			



AIDS Awareness Month