

# MITSKILLS SPORTS HUB

AWARD WINNING NATIONAL TRAINING PROVIDER







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# A WINNING EDUCATION YOUR QUALIFICATION IN SPORT

Our highly qualified and passionate teachers are specialists in sports-based learning, with extensive experience in teaching and guiding young people. Our programmes are built on our sporting excellence framework with proven progression routes into the world of sports. On your journey with us, you can achieve anything from a Level 2 to Level 4 qualification in sports and benefit from an outstanding teaching and learning experience. At MITSkills, we innovate to educate. You will be given access to our virtual learning platform for a personalised, first-class, digital learning experience to set you up for success. This will provide you with the correct tools to achieve your goals.

Due to diverse modules, our diverse programmes will allow our students to make more informed choices in their future careers.



# **FULL-TIME SPORTS COURSES**



# A winning combination

## **Experience** Further Education

Our proven and tested programme combines all the elements you need to succeed on your journey towards a career in sport. Our programmes are designed to build your knowledge and practical skills in real life scenarios to develop the employability skills that businesses today are looking for, helping you to succeed in your career.

## YOUR SPORTING EXCELLENCE PROGRAMME

Qualification in Sport Level 3 + Maths and English

Football training from one of our partner clubs + Careers Guidance

Information, advice and guidance (Life skills) + Industry relevant work experience







#### CAREERS EDUCATION INFORMATION, ADVICE AND GUIDANCE (C.E.I.A.G)

Coming on the programme with MITSkills means that not only will you benefit from outstanding teachers and great football training from qualified coaches, but you will also have access to relevant work experience opportunities and quality information, advice and guidance based on the principles of the Gatsby benchmarks to successfully help you throughout your course.

Each week you will attend tutorial sessions covering a variety of topics over the year, delivered by your personal tutor. In the session, you will have the opportunity to discuss and research a number of topics including:

- Alcohol
- Mental Health
- Safeguarding
- British Values
- UCAS and job applications
- Career pathways and much more...

# We are here to guide you











# **PLAY THE GAME**

#### YOUR SPORT DEVELOPMENT



- DAILY TRAINING FROM HIGHLY QUALIFIED COACHES-BENEFIT FROM THEIR PLAYING EXPERIENCE AND INDUSTRY KNOWLEDGE
- AROUND 10 HOURS OF EXTENSIVE SPORTS DEVELOPMENT A WEEK
- GUIDANCE ON INDIVIDUAL FITNESS
- NUTRITIONAL ADVICE





- REGULAR APPRAISAL TO MONITOR DEVELOPMENT
- REGULAR COMPETITIVE FIXTURES
- WEEKLY COMPETITIVE GAMES PROGRAMME
- OPPORTUNITY TO PLAY IN A LEAGUE





NCFE LEVEL 3 CERTIFICATE IN SPORT AND PHYSICAL ACTIVITY (SPORTS COACHING) (360) The qualification that you study will be dependent on the GCSE grades that you achieve. Where required you will also study Maths and English.

#### YEAR 1

#### **Project One Title-Pathway to Success**

- Exercise, health and Lifestyle (M)
- Preparing for a career in sport and physical activity(M)
- The athlete's lifestyle (SO)

#### **Project Two Title-Leading in Sport**

- Leadership in Sport (SO)
- Assessing Risk (SO)
- Sports Coaching (M)

#### **Additional components**

- Digital Skills
- Employability Skills/Careers Advice & Guidance
- British Values
- English & Maths Support
- Work Experience

#### **ENTRY CRITERIA**

You will need to be 16 by the 31st of August, ready to start your programme in early September.

4 GCSEs including English and Maths. If a resit is required you will start at the certificate level.

UK passport, EU settled status and valid leave to remain endorsed on your resident's card for the duration of the course. (If in doubt, ask).

#### **BURSARIES**

All students enrolled on the course are able to apply for bursaries if their household income is at or below the designated threshold\*. You may also be entitled to have free school meals. Further details will be provided as part of the enrolment process.

\*Income thresholds and payments may differ depending on your circumstances.

#### COSTS

No costs of tuition for those under 18's

You will need to consider your costs for textbooks travel to and from training, education and matches and other tools you may need to aid your studies. There may be a cost for purchasing a training kit at the start of the season. Further details about this will be provided upon your acceptance onto the education and sports development programme.

You will need to provide your own electronic device (laptop or tablet) to support your studies.



NCFE LEVEL 3 DIPLOMA IN SPORT AND PHYSICAL ACTIVITY (SPORTS COACHING) (540)

The qualification that you study will be dependent on the GCSE grades that you achieve. Where required you will also study Maths and English.

#### YEAR 1

#### **Project One Title-Pathway to Success**

- Exercise, health and Lifestyle (M)
- Preparing for a career in sport and physical activity(M)
- The athlete's lifestyle (SO)

#### **Project Two Title-Leading in Sport**

- Leadership in Sport (SO)
- Assessing Risk (SO)
- Sports Coaching (M)

#### **Project Three-Player Development**

- Sports Injuries (SO)
- Technical and Tactical (SO)
- Practical Team Sports (SO)

#### **Additional components**

- Digital Skills
- Employability Skills/Careers Advice & Guidance
- British Values
- English & Maths Support
- Work Experience

#### **ENTRY CRITERIA**

You will need to be 16 by the 31st August, ready to start your programme in early September.

4 GCSEs Level 4-9, including English and Maths. If a resit is required you will start at the certificate level.

UK passport, EU settled status and valid leave to remain endorsed on your residents card for the duration of the course. (If in doubt, ask).

#### **BURSARIES**

All students enrolled on the course are able to apply for bursaries if their household income is at or below the designated threshold\*. You may also be entitled to have free school meals. Further details will be provided as part of the enrolment process.

\*Income thresholds and payments may differ depending on your circumstances.

#### COSTS

No costs of tuition for those under 18's

You will need to consider your costs for textbooks travel to and from training, education and matches and other tools you may need to aid your studies.

There may be a cost for purchasing a training kit at the start of the season. Further details about this will be provided upon your acceptance onto the education and sports development programme.

You will need to provide your own electronic device (laptop or tablet) to support your



NCFE LEVEL 3 DIPLOMA IN SPORT AND PHYSICAL ACTIVITY (SPORTS COACHING) (720)

The qualification that you study will be dependent on the GCSE grades that you achieve. Where required you will also study Maths and English.

#### YEAR 2

#### **Project One-Making a difference**

- Organising Sports Events (SU)
- Practical Individual Sports (SU)
- Sports Development (SU)

#### **Project Two-Marginal Gains**

- · Psychology for Sports Performance (SU) Analysis for Sports Performance (SU)
- Work Experience in Sport (SU) Completed as separate project alongside other projects

#### **Additional components**

- Digital Skills
- Employability Skills/Careers Advice & Guidance
- British Values
- English & Maths Support
- Work Experience

#### **ENTRY CRITERIA**

You will need to be 16 by the 31st August, ready to start your programme in early September.

4 GCSEs Level 4-9, including English and Maths. If a resit is required you will start at the certificate level.

UK passport, EU settled status and valid leave to remain endorsed on your residents card for the duration of the course. (If in doubt, ask).

#### **BURSARIES**

All students enrolled on the course are able to apply for bursaries if their household income is at or below the designated threshold\*. You may also be entitled to have free school meals. Further details will be provided as part of the enrolment process.

\*Income thresholds and payments may differ depending on your circumstances.

#### COSTS

The cost of tuition is absolutely free however you will need to consider your costs for textbooks, travel costs to and from training, education and matches and other tools you may need to aide your studies.

There may be cost for purchasing training kit at the start of the season. Further details about this will be provided upon your acceptance onto the education and sports development programme.

You will need to provide your own electronic device (laptop or tablet) to support your studies.



NCFE LEVEL 3 EXTENDED DIPLOMA IN SPORT AND PHYSICAL ACTIVITY (SPORTS COACHING) (1080)

The qualification that you study will be dependent on the GCSE grades that you achieve. Where required you will also study Maths and English.

#### YEAR 2

#### Project One-Making a difference

- Organising Sports Events (SU)
- Practical Individual Sports (SU)
- Sports Development (SU)

#### **Project Two-Marginal Gains**

- Psychology for Sports Performance (SU) Analysis for Sports Performance (SU)
- Analysis for Sports Performance (SU)
- Work Experience in Sport (SU) Completed as separate project alongside other projects

- Fitness Training and Programming (SU)
- Instructing Physical Activity and Exercise (SU)
- Sports Nutrition (SU)

#### Additional components

- Digital Skills
- Employability Skills/Careers Advice & Guidance
- British Values
- English & Maths Support
- Work Experience

#### **Project Three-Improving Fitness and Health**

#### **ENTRY CRITERIA**

You will need to be 16 by the 31st August. ready to start your programme in early September.

4 GCSEs Level 4-9, including English and Maths. If a resit is required you will start at the certificate level.

UK passport, EU settled status and valid leave to remain endorsed on your residents card for the duration of the course. (If in doubt, ask).

#### **BURSARIES**

All students enrolled on the course are able to apply for bursaries if their household income is at or below the designated threshold\*. You may also be entitled to have free school meals. Further details will be provided as part of the enrolment process.

\*Income thresholds and payments may differ depending on your circumstances.

#### COSTS

No costs of tuition for those under 18's

You will need to consider your costs for textbooks travel to and from training, education and matches and other tools you may need to aid your studies.

There may be a cost for purchasing a training kit at the start of the season. Further details about this will be provided upon your acceptance onto the education and sports development programme.

You will need to provide your own electronic device (laptop or tablet) to support your



## L3 DIPLOMA IN GYM INSTRUCTING AND PERSONAL TRAINING

The Level 3 Diploma in Gym Instructing and Personal Training trains learners to a professionally competent level, enabling them to prescribe, plan and deliver safe but effective exercise programmes, and to develop their skills and knowledge to allow the learner to pursue a career in personal training.

#### **During the course you will learn**

- To recognise the major bones, muscles, cardiovascular-respiratory system, movement capability and energy systems relating to fitness and exercise.
- How to conduct fitness assessments for cardio-respiratory fitness, flexibility, blood pressure and body composition.
- How to plan and teach personalised fitness programmes.
- How to assess a client's starting point and initiate SMART goals towards a fitness or physical activity training programme.
- How to create and review periodised training programmes around clients' needs and wants.
- How to understand and evaluate food labels towards client nutritional goals.
- How to engage and provide motivational exercise and fitness sessions.

#### **12 MANDATORY UNITS**

- Anatomy and Physiology for Exercise
- Maximising the Customer Experience in a Gym Environment
- Supporting Client Health and Well-Being
- Conducting Client Consultations and Gym Inductions
- Planning Reviewing Gym-Based Exercise Programmes
- Instructing and Supervising Gym Based Exercise Programmes

#### **ENTRY CRITERIA**

Some experience with gym-based exercises, including free weights, is highly recommended.

The course requires physical exertion and individual participation is essential: therefore, a degree of physical fitness is necessary.

There is also an element of communication (discussing, presenting, reading and writing) involved and learners should have basic skills in communication pitched at Level 2.

- Applied Anatomy and Physiology for Activity, Health and Fitness
- Client Motivation and Lifestyle Management
- Programming Personal Training Sessions
- Delivering Personal Training Sessions
- Nutrition to Support a Physical Activity Programme
- Business Acumen for Personal Trainers



# ENGLISH & MATHS

#### **Course Overview**



This course will provide you with a detailed understanding of Maths/English at Level 2 / GCSE grade 9-4/A-C, including core modules that will aid employability and confidence in key skills.

#### Who is this course for?



All learners who have not achieved a grade 4-9 GCSE (or equivalent) in English and Maths will have to study English and Math as part of their programme. This is a requirement to pass this programme.

If you have not achieved a grade 4-9 GCSE (or equivalent) in English and Maths you will be required to join either the Pathway 1 360 Certificate Programme or the Pathway 3 720 Diploma.

#### **Entry Requirements**



During your onboarding session you will be required to complete an initial assessment to determine your current knowledge or either English or Maths. Learners that are not able to achieve a minimum of Level 1 (equivalent to GCSE grade 3/D) in English or Maths may not be eligible to complete this qualification and therefore the Sports Study Programme. Applicants that do not achieve a Level 1 (equivalent to GCSE grade 3/D) during their onboarding can speak with the MIT staff to discuss alternative options.

#### **Delivery and Duration**



Once a learner is enrolled on our programme, they will be given access to an online portfolio customised to meet their individual learning requirements. This can be accessed any time during your programme, we expect at least 1 hour per week, per aim, to be dedicated to completing your online resources. In addition to your online learning, you will attend timetabled English and Math sessions to support your learning and prepare for exams.

#### **Examination Resits**



If you achieve a grade 4-9 GCSE (or equivalent) during the Autumn resits you will be given the opportunity to progress to a higher level of qualification and will no longer be required to complete the English or Math aims within your programme.





WHAT IS THE PATHWAY TO SUCCESS?

Our programme is an exclusive personal development programme for young people aged 16-18 and aim to provide them with career development knowledge and valuable work experience. We help prepare students for work by equipping them with the necessary skills, confidence and knowledge to progress into employment, Apprenticeship or further training.

#### **WHY APPLY**

- Gain crucial skills and work experience that employers desire
- Unlock your potential and become 'work ready'
- · Hands on experience with access to high quality work placements
- Support with Maths and English
- · Get tools needed to prepare you for work
- Real work experience
- CV writing skills
- · Interview techniques
- · Build your confidence

#### **QUALIFICATION**

 Certificate in Developing Employability Skills

#### **ELIGIBILITY**

- · Motivated to work
- · Committed and willing to learn
- Unemployed
- Aged between 16-18
- Oualified below Level 3

#### WHERE CAN IT TAKE YOU?

It will give you the confidence to operate in a real workplace developing and building skills and behaviours essential for the industry. This course is designed to help you towards your next goal whether this is a further education, or towards full-time employment.



## WHAT DOES IT TAKE?

#### **DO YOUR BEST**

Make the best of every opportunity and be relentless in your pursuit to reach your potential. Never give up, we will never give up on you.

#### **BE DETERMINED**

There will be ups and downs while on the road to success and we are here to help you if your ride gets bumpy but just remember, the biggest winners don't accept defeat, they have lost many times before becoming victorious and reaching their goals. If you aren't successful straight away, don't worry.

#### **WORK HARD, PLAY HARD**

Your education is important. While studying with MITSkills you will have to put your education programme first. When you have achieved your educational goals for the week, you will then be able to go and score some goals on the pitch.

#### #TEAMWORKMAKESTHEDREAMWORK

MITSkills is all about working as a team with your fellow students, teachers, coaches and other people in the sporting community. Together we achieve more.





# WHAT DOES IT LOOK LIKE TO LIVE AND BREATHE SPORT FOR A WEEK?

#### EXAMPLE TIMETABLE -timetables will vary at each venue

	9AM	10AM	11AM	12PM	1PM	2PM	3PM	4PM	
	10AM	11AM	12PM	1PM	2PM	3РМ	4PM	5PM	
MON	EDUCATION				SPORTS ENRICHMENT				
TUE	EDUCATION				SPORTS TRAINING				
WED	TUTORIAL MATC				H DAY				
THUR	EDUCATION				SPORTS ENRICHMENT				
FRI	EDUCATION				SPORTS TRAINING				

Please note this is an example timetable and based on the qualification level you study you will also undertake the following wrap-around support components to fulfil your study programme.

#### **Additional components**

- · Digital Skills
- Employability Skills/Careers Advice & Guidance
- British Values
- English & Maths support
- Work Experience

Students will be required to commit to a full-time programme of five days including practical sport. Timetables will vary per centre. Students will be required to study at home as well as in the classroom.





#### **APPRENTICESHIPS**

#### **Apprenticeship route**

Studying with MITSkills provides you with an opportunity to go down the path towards playing professional or non-professional football.

#### **Scholarship route to USA**

You may want to consider scholarships in the USA, New Zealand or in other countries. Undertaking a football scholarship gives you the opportunity to experience life in other countries while playing your specialised sport and working towards a degree.

You will have the opportunity to get involved in the game throughout your studies. MITSkills' students have gained an education whilst also pursuing their sporting careers.

#### **FURTHER EDUCATION**

#### **University route**

There will be career advice and guidance to support you with UCAS applications if this is the route you choose. Take a look at the website for more UCAS points information.

#### **UCAS POINTS**

Pathway 1

Distinction\*: 56 - Distinction: 48

**Merit: 32 - Pass: 16** 

Pathway 2

**Distinction\*: 84 - Distinction: 72** 

Merit: 48 - Pass: 24

Pathway 3

**Distinction\*: 112 - Distinction: 96** 

Merit: 64 - Pass: 32

Pathway 4

Distinction\*: 168 - Distinction: 144

Merit: 96 - Pass: 48

Pathway 5

32 UCAS points

# ROADMAP TO SUCCESS

## UNIVERSITY

University is a great option if you are looking to continue your studies at a higher level with over 120 universities in the UK offering sports-related degrees.

Our students are equipped to go to university as they are used to the independent studying that is required at the degree level, due to the nature of our courses, which combine theoretical and practical study assessment across a broad range of sporting topics. Students also learn skills such as research, writing, presentation and study skills required for Higher Education.

As part of our weekly tutorials, you will receive support and guidance with your UCAS and Student Finance applications.

## C.E.I.A.G.

C.E.I.A.G (Careers Education, Information, Advice and Guidance) is designed to prepare students for life in modern Britain by providing the knowledge, understanding, confidence and skills that they need to make informed choices and plans for their future learning and career.

MITSkills is committed to providing good quality, impartial information, advice and guidance to every student. We ensure that students come in contact with employers to encourage students to aspire, make good choices and understand what they need to do to reach and succeed in the careers to which they aspire.



We are relentless in our pursuit to be the very best

We place the customer at the heart of what we do

We are driven to succeed

We are dependable and trustworthy

ш





# **Career Routes**

# Sports Development Management

- Fitness Studio Manager
- Talent Development Coach
- Community Development Worker
- Training Administrator
- Events & Facilities Manager

#### **Health & Fitness**

- Fitness Instructor
- Personal Trainer
- Wellness Coach
- Healthy Lifestyle Officer
- Fitness & Performance Coach

## **Marketing Media**

- Commentator
- Sports Journalist
- Sports Photographer
- Sports Marketing Professional
- Social Media Professional

#### **Science**

- Sports Nutritionist
- Physiotherapist
- Sports Therapist
- Sports Performance Analyst
- Sport & Exercise Psychologist

## **Teaching & Coaching**

- PE Teacher
- Sports Coach
- Play Worker
- · Primary School Teaching
- Youth Worker



02

03

04

05



# Next STERS



#### Interested?

now

Scan the QR code in the last page and register your interest or book a presentation



#### **Presentation**

2 min ago

Join us for a presentation about the programme



#### **Sports assessment**

5 min ago

Attend a Sports Assessment and showcase your footballing ability



#### Interview

7 min ago

Meet with our education team to discuss your education options



#### **Conditional offer**

8 min ago

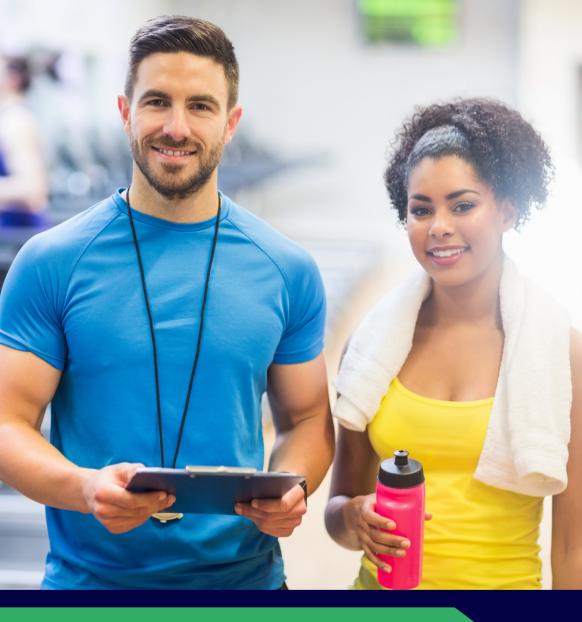
If you've impressed, you'll be given a conditional offer, pending your GCSE results



#### GCSE results day

10 min ago

Good luck! Attend our GCSE Results Day Drop-In to let us know how you got on



# **SPORTS APPRENTICESHIPS**



# COMMUNITY ACTIVATOR COACH

#### OVERVIEW

The Community Activator Coach promotes, delivers and coaches fun, inclusive and engaging activities that help whole communities to change their behaviour, adopt and keep to a physically active lifestyle. Community Activator Coaches are more than activity and sports leaders.

They will be equipped with the specialist knowledge needed to effectively work with one customer group (such as inactive teenagers) but also be knowledgeable about other inactive customer groups whom they may be expected to work with on occasion. When competent they will be experienced working with a range of different communities and all kinds of customers who are likely to be defined as inactive, sedentary or not doing enough physical activity in their lives.

#### APPRENTICESHIPS AVAILABLE

Level 2 Community Activator Coach More Course Information

TYPICAL DURATION 18 months

#### **CAREER PROGRESSION**

Successful apprentices will be able to move into leadership or management roles within the sector which may be aligned with an apprenticeship at a higher level. This progression will involve leading teams of people; acting as a mentor for staff; or specialising in the delivery of sporting and physical activity programmes to certain populations or communities.

If not previously attained, the learner must also achieve Functional Skills in Maths and English at the required level to achieve the overall qualification.







#### OVERVIEW

A Sporting Excellence Professional apprentice will be able to competently perform the professional sport in which they train.

This standard is currently only available for the following professions: Football; Cricket; Rugby and Equestrianism.

An apprentice will become responsible for their development and involvement in training and competitive professional sporting activities. This involves maintaining a high level of fitness to allow them to participate in training and competitions, sustaining a lifestyle designed to optimise performance, being aware of external factors that may affect individual performance both physically and psychologically, and maintaining a positive and inclusive image of their sport as part of their social responsibility.

#### APPRENTICESHIPS AVAILABLE

Level 3 Sporting Excellence Professional More Course Information

TYPICAL DURATION
18 months

#### **CAREER PROGRESSION**

Successful apprentices will be able to move into elite sports coaching, teaching or management roles within the sector which are aligned with apprenticeships at a higher level.

If not previously attained, the learner must also achieve Functional Skills in Maths and English at the required level to achieve the overall qualification.





## **SPORTS COACH**

#### OVERVIEW

A Sports Coach will use their sports knowledge and skills to create and deliver coaching programmes.
There are three pathways available to the sport coach.

High Performance Coaches will develop athletes and players in high-performance settings, including those on talent or development pathways, national or international programmes, professional or podium environments. Community Sports Coaches will motivate and engage people of all ages and abilities in community sports and physical activity settings. Community sport includes local authority, charity and national governing body of sport community initiatives or clubs.

School Sports Coaches will collaborate with teachers to develop pupils' mastery of psychomotor skills by applying a whole child approach in their coaching. They work in all categories of school and registered childcare environments.

#### APPRENTICESHIPS AVAILABLE

Level 4 Sports Coach

More Course Information

TYPICAL DURATION 18 months

#### **CAREER PROGRESSION**

Successful completers will be able to move into leadership or management roles within the sector which may be aligned with an apprenticeship at a higher level. This progression will involve leading teams of people; acting as a mentor for staff; or specialising in the delivery of sporting and physical activity programmes to certain populations or communities.

If not previously attained, the learner must also achieve Functional Skills in Maths and English at the required level to achieve the overall qualification.







#### OVERVIEW

The role of a Personal Trainer is to coach clients (on a one to one and small group basis) towards their health and fitness goals.

Through the design and provision of creative and personalised exercise programmes and instruction, nutritional advice and overall lifestyle management.

Personal Trainers will motivate clients to positively change their behaviour and improve their overall wellbeing by providing specialist, tailored advice within their scope of practice, while always being aware of when to refer clients to relevant appropriate professionals for specialist information and guidance (e.g. physiotherapist, registered dietician, medical specialist).

#### APPRENTICESHIPS AVAILABLE

Level 3 Personal Trainer

More Course Information

TYPICAL DURATION 15 months

#### **CAREER PROGRESSION**

Successful completers will be able to take further instructor courses to learn new skills to offer clients, like yoga, Pilates, nutrition or aerobics.

With further training, you could also work with people recovering from illness or who have medical conditions.

If not previously attained, the learner must also achieve Functional Skills in Maths and English at the required level to achieve the overall qualification.





## **GET IN TOUCH**

MIT Sports North England- 01709 763 270 MIT Sports South England- 01932 331 940 www.mitskills.com

Email now at Sport@mitskills.com to register your interest.

#### **Harry Sarjeant - Coventry Site**

"MITSkills have provided me with the opportunity to complete an NCFE Level Three in Sport! Studying a diverse range of modules, combined with work placement opportunities, has allowed me to make more of an informed decision about what course I will progress onto at university"

#### Sasa Ilic - Former Premier League Player

"I've never seen myself as just a goalkeeper. For me, my journey in soccer has been one of dedication, expertise, and an unyielding passion for this beautiful game. Every moment on that field, every challenge faced, every triumph celebrated, has added layers to my understanding of its intricacies. It's been my privilege to inspire upcoming players with the essence of my playing career. That's why I founded the international soccer school - to not just teach the art of ball control or net defense, but to instil a comprehensive understanding of soccer's global resonance. My consistent engagements at the M.I.T Sports Hub represent my commitment to nurturing the future of this sport. Every talk I give, every coach I train, and every question I answer, is a step toward making soccer the undying passion of the next generation. To me, being a beacon for soccer's budding talents means more than all the accolades in the world."

#### Laurie Griffin - Former Coach with Chelsea FC

"MITSkills gave me the chance to work in an elite environment allowing me to get the very best out of my players! Due to the strong link to sports performance and coaching in their modules, I was able to use my practical expertise to embed the student's theoretical knowledge during training and match days alike"





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# FULL-TIME COURSES



### SPORTS APPRENTICESHIPS



# SCAN THE QR CODE TO COMPLETE OUR APPLICATION FORM

sport@mitskills.com