

MITSKILLS

SPORTS HUB

Award-Winning National Training Provider

Quality

Desire

Progress

Achieve



LIVE & BREATHE SPORT



EXPERIENCE EDUCATION

A winning education - Your qualification in sport

Our highly qualified and passionate teachers are specialists in sports based learning, with extensive experience in teaching and guiding young people. Our programmes are built on our sporting excellence framework with proven progression routes into the world of sports.

On your journey with us you will achieve anything from a Level 2 to Level 3 qualification in sport and benefit from an outstanding learning and teaching experience.

At MITSkills we innovate to educate. To set you up for success, you will be given access to our virtual learning platform where you will have a personalised, first-class, digital learning experience. This will provide you with the correct tools to achieve your goals. Due to diverse modules, our programmes will allow our students to make more informed choices in their future careers.

M.I.T.



EXPERIENCE EDUCATION

A winning combination - your programme

Our proven and tested programme combines all the elements you need to succeed on your journey towards a career in sport. Our programmes are designed to build your knowledge and practical skills in real life scenarios to develop the employability skills that businesses today are looking for, helping you to succeed in your career.

YOUR SPORTING EXCELLENCE PROGRAMME

- 1 Qualification in sport Level 3
- + 2 Maths and English Functional Skills or GCSE
- + 3 Football training from one of our partner clubs
- + 4 Careers Guidance
- + 5 Information, advice and guidance - Life skills
- + 6 Industry relevant work experience

= YOUR CAREER IN SPORT

CAREERS EDUCATION, INFORMATION, ADVICE AND GUIDANCE (C.E.I.A.G)

**We are here to
guide you**

Coming on the programme with MITSkills means that not only will you benefit from outstanding teachers and great football training from FA qualified coaches, you will have access to relevant work experience opportunities and quality information, advice and guidance based on the principles of the Gatsby benchmarks to success to help you throughout your course.

Each week you will attend tutorial sessions covering a variety of topics over the year, delivered by your personal tutor. In this session, you will have the opportunity to discuss and research a number of topics including:

- Alcohol
- Mental Health
- Safeguarding
- British Value
- UCAS and job applications
- Career pathways and much more...





REMEMBER

**You have the power to drive your journey
to where you want to go**

**ARE YOU
READY?**

PLAY THE GAME

YOUR FOOTBALL DEVELOPMENT

- Daily training from highly qualified coaches -benefit from their playing experience and industry knowledge
- Around 10 hours of extensive sports development a week
- Guidance on individual fitness
- Nutritional advice
- Regular appraisal to monitor development
- Regular competitive fixtures
- Weekly competitive games programme
- Opportunity to play in a league

Speak to our partner club to and out more about the facilities they have available and benefits they can offer as part of you joining their community.



PATHWAY 1

NCFE LEVEL 3 CERTIFICATE IN SPORT A 1 year Education and Football Programme (360)

YEAR 1

The qualification that you study will be dependent on the GCSE grades that you achieve. Where required you will also study GCSE Maths and English or Functional Skills.

Project One Title-Pathway to Success

- Exercise, health and lifestyle (M)
- Preparing for a career in sport and physical activity(M)
- The athlete's lifestyle (SO)

Additional components

Digital Skills
Employability Skills/Careers Advice & Guidance
British Values
English & Maths Support
Work Experience

Project Two Title-Leading in Sport

- Leadership in sport (SO)
- Assessing Risk (SO)
- Sport Coaching (M)

ENTRY CRITERIA

You will need to be 16 by the 31st August, ready to start your programme in early September.

UK passport, EU settled status and valid leave to remain endorsed on your residents card for the duration of the course. (If in doubt, ask).

4 GCSEs including English and Maths. If a resit is required you will start at the certificate level.

COSTS

No costs of tuition for under 18's

You will need to consider your costs for textbooks, travel to and from training, education and matches and other tools you may need to aide your studies.

There may be cost for purchasing training kit at the start of the season. Further details about this will be provided upon your acceptance onto the education and sports development programme.

You will need to provide your own electronic device (laptop or tablet) to support your studies.

BURSARIES

All students enrolled on the course are able to apply for bursaries if their household income is at or below the designated threshold*. You may also be entitled to have free school meals. Further details will be provided as part of the enrolment process.

*Income thresholds and payments may differ depending on your circumstances.

PATHWAY 2

L3 NCFE Diploma (540) YEAR 1 (3 Projects) – *Progression to Pathway Four

YEAR 1

The qualification that you study will be dependent on the GCSE grades that you achieve. Where required you will also study Maths and English or Functional Skills.

Project One Title-Pathway to Success

- Exercise, health and lifestyle (M)
- Preparing for a career in sport and physical activity(M)
- The athlete's lifestyle (SO)

Additional components

- Digital Skills
- Employability Skills/Careers Advice & Guidance
- British Values
- English & Maths Support
- Work Experience

Project Two Title-Leading in Sport

- Leadership in Sport (SO)
- (Assessing Risk (SO)
- Sport Coaching (M)

Project Three-Player Development

- Sports Injuries (SO)
- Technical and Tactical (SO)
- Practical Team Sports (SO)

ENTRY CRITERIA

- You will need to be 16 by the 31st August, ready to start your programme in early September.
- 4 GCSEs Level 4-9, including English and Maths. If a resit is required you will start at the certificate level.
- UK passport, EU settled status and valid leave to remain endorsed on your residents card for the duration of the course. (If in doubt, ask).

COSTS

No costs of tuition for under 18's

You will need to consider your costs for textbooks, travel costs to and from training, education and matches and other tools you may need to aide your studies.

- There may be cost for purchasing training kit at the start of the season. Further details about this will be provided upon your acceptance onto the education and sports development programme.
- You will need to provide your own electronic device (laptop or tablet) to support your studies.

BURSARIES

All students enrolled on the course are able to apply for bursaries if their household income is at or below the designated threshold*. You may also be entitled to have free school meals. Further details will be provided as part of the enrolment process.

***Income thresholds and payments may differ depending on your circumstances.**

PATHWAY 3

L3 NCFE DIPLOMA (720) YEAR 2

Year one of two Education and Football programme (540)

YEAR 2

Project One–Making a difference

- Organising Sports Events (SU)
- (Practical Individual Sports (SU)
- Sport Development (SU)

Additional components

- Digital Skills
- Employability skills/Careers Advice & guidance
- British values
- English & Maths support
- Work experience

Project Two-Marginal Gains

- Psychology for Sports Performance (SU)
- Analysis for Sports Performance (SU)
- Work Experience in Sport* (SU) – Completed as separate project alongside other projects

ENTRY CRITERIA

You will need to be 16 by the 31st August, ready to start your programme in early September.

4 GCSEs Level 4-9, including English and Maths. If a resit is required you will start at the certificate level.

UK passport, EU settled status and valid leave to remain endorsed on your residents card for the duration of the course. (If in doubt, ask).

COSTS

The cost of tuition is absolutely free however you will need to consider your costs for textbooks, travel costs to and from training, education and matches and other tools you may need to aide your studies.

There may be cost for purchasing training kit at the start of the season. Further details about this will be provided upon your acceptance onto the education and sports development programme.

You will need to provide your own electronic device (laptop or tablet) to support your studies.

BURSARIES

All students enrolled on the course are able to apply for bursaries if their household income is at or below the designated threshold*. You may also be entitled to have free school meals. Further details will be provided as part of the enrolment process.

Up to 112 UCAS points available
Equivalent to 2 A-Levels

Distinction*: 112

Distinction: 96

Merit: 64

Pass: 32

PATHWAY 4

L3 NCFE Diploma (1080)

YEAR 2 (Pathway Four) (3 Projects)

YEAR 2

Project One-Making a difference

- Organising Sports Events (SU)
- Practical Individual Sports (SU)
- Sport Development (SU)
- Digital Skills
- Employability skills/Careers Advice & Guidance
- British values
- English & Maths support
- Work experience

ENTRY CRITERIA

- You will need to be 16 by the 31st August, ready to start your programme in early September.
- 4 GCSEs Level 4-9, including English and Maths.
If a resit is required you will start at the certificate level.
- Successful completion of L3 NCFE Diploma (540)
- UK passport, EU settled status and valid leave to remain endorsed on your residents card for the duration of the course. (If in doubt, ask).

COSTS

- No costs of tuition for under 18's.
- You will need to consider your costs for textbooks, travel costs to and from training, education and matches and other tools you may need to aid your study.

Project Two-Marginal Gains

- Psychology for Sports Performance (SU)
- Analysis for Sports Performance (SU)
- Work Experience in Sport* (SU) – Completed as separate project alongside other projects

Project Three-Improving Fitness and Health

- Fitness Training and Programming (SU)
- Instructing Physical Activity and Exercise (SU)
- Sports Nutrition (SU)

MANDATORY UNITS

- Exercise, health and lifestyle
- Preparing for a career in sport and physical activity
- Sports Coaching
- There may be cost for purchasing training kit at the start of the season. Further details about this will be provided upon your acceptance onto the education and sports development programme.
- You will need to provide your own electronic device (laptop or tablet) to support your studies.

BURSARIES

All students enrolled on the course are able to apply for bursaries if their household income is at or below the designated threshold*. You may also be entitled to have free school meals. Further details on how this will be provided as part of the enrolment process onto the course.

Progression Pathways - University - Apprenticeships - Employment

WHAT IS THE PATHWAY TO SUCCESS?

Our programme is an exclusive personal development programme for young people aged 16-24 that aims to provide them with career development knowledge and valuable work experience. They help prepare for work by equipping students with the necessary skills, confidence and knowledge to progress into employment, Apprenticeship or further training.

WHY APPLY

- Gain crucial skills and work experience that employers desire. Unlock your potential and become 'work ready'
- Hands on experience with access to high quality work placements
- Support with Maths and English
- Get tools needed to prepare you for work
- Real work experience
- CV writing skills
- Interview techniques
- Build your confidence

QUALIFICATION

- Certificate in Developing Employability Skills

ELIGIBILITY

- Motivated to work
- Committed and willing to learn
- Unemployed
- Aged between 16-24
- Qualified below Level 3

WHERE CAN IT TAKE YOU?

It will give you the confidence to operate in a real workplace developing a building skills and behaviours essential for the industry. This course is designed to help you towards your next goal whether this is a further education, or towards full time employment.

Interviews for enrolment

Week commencing

Digital Skills

Start Date

Venue Details

Contact Details

TRAINEESHIPS



One year introductory programme

Work Experience

Maths Functional Skills

English Functional Skills

Award in Employability Skills

Essential Digital Skills

Personal wellbeing

Principles in Sport Coaching

Additional work experience

Entry Requirements

GCSE below G3 in E&M

WHAT DOES IT TAKE?

DO YOUR BEST

Make the best of every opportunity and be relentless in your pursuit to reach your potential. Never give up, we will never give up on you.

BE DETERMINED

There will be ups and downs while on the road to success and we are here to help you if your ride gets bumpy but just remember, the biggest winners have also been the biggest losers, they have lost many times before becoming victorious and reaching their goals. If you aren't successful straight away, don't worry.

WORK HARD, PLAY HARD

Your education is important. While studying with MITSkills you will have to put your education programme first. When you have achieved your educational goals for the week, you will then be able to go and score some goals on the pitch.

#TEAMWORKMAKESTHEDREAMWORK

MITSkills is all about working as a team with your fellow students, teachers, coaches and other people in the sporting community. Together we achieve more.

WHAT DOES IT LOOK LIKE TO LIVE AND BREATHE SPORT FOR A WEEK?

EXAMPLE TIMETABLE - timetables will vary at each venue

	9AM 10AM	10AM 11AM	11AM 12AM	12AM 1PM	1PM 2PM	2PM 3PM	3PM 4PM	4PM 5PM
MON	EDUCATION*				SPORTS ENRICHMENT			
TUES	EDUCATION*				SPORTS TRAINING			
WEDS	TUTORIAL			MATCH DAY				
THURS	EDUCATION*				SPORTS ENRICHMENT			
FRI	EDUCATIION*				SPORTS TRAINING			

Please note this is an example timetable and based on the qualification level you study you will also undertake the following wrap around support components to fulfil your study programme.

Additional components

- Digital Skills
- Employability skills/Careers Advice & guidance
- British values
- English & Maths support
- Work experience

Students will be required to commit to a full-time programme of five days including practical sport. Timetables will vary per centre. Students will be required to study at home as well as in the classroom.





APPRENTICESHIPS & FURTHER EDUCATION

Apprenticeship route

Studying with M.I.T provides you with an opportunity to go down the path towards playing professional or non-professional football.

Scholarship route to USA

You may want to consider scholarships in the USA, New Zealand or in other countries. Undertaking a football scholarship gives you the opportunity to experience life in other countries while playing your specialised sport and working towards a degree.

You will have the opportunity to get involved in the game throughout your studies. MITSkills' students have gained an education while keeping an eye on making it in the game. We have seen many of our graduates go on to making it in the game. We have seen many of our graduated go on to making it in professional or non-professional football.

University route

There will be careers advice and guidance to support you with UCAS applications, if this is the route you choose. Take a look at the website for more UCAS points information.

NCFE Level 3 Sport and Physical Activity suite
UCAS Qualification Information Profiles

APPRENTICESHIPS & FURTHER EDUCATION

If you decide to combine further study with employment, an apprenticeship in the sports and leisure industry is a great option, allowing you to earn while you continue to learn.

Apprentices enjoy marked salary increases on finishing their training and those completing a higher apprenticeship could see increased earnings of an estimated £ 150,000 over their lifetime.*

Your tutor will be able to give you more information on starting an apprenticeship when you graduate with MITSkills

***Guidance, ESFA May 2018**

ROADMAP TO SUCCESS

UNIVERSITY

University is a great option if you are looking to continue your studies at a higher level with over 120 universities in the UK offering sports related degrees.

Our students are prepared when going to university as they are used to the independent studying that is required at degree level, due to the nature of our courses, which combine theoretical and practical study assessment across a broad range of sporting topics. Our students gain the research, writing, presentation and study skills required for Higher Education.

As part of our weekly tutorials, you will receive support and guidance with your UCAS and Student Finance applications.

C.E.I.A.G.

C.E.I.A.G (Careers Education, Information, Advice and Guidance) is designed to prepare students for life in modern Britain by providing the knowledge, understanding, confidence and skills that they need to make informed choices and plans for their future learning and career.

MITSkills is committed to providing good quality, impartial information, advice and guidance to every student. We ensure that students come in to contact with employers to encourage students to aspire, make good choices and understand what they need to do to reach and succeed in the careers to which they aspire to.

Our highly qualified and passionate teachers are We believe in what we do

We are enthusiastic and dynamic

We always got the extra mile

We make it happen

We motivate each other to achieve great things

We are positive role models

INSPIRATIONAL

We are relentless in our pursuit to be the very best

We place the customer at the heart of what we do

We are driven to succeed

EXCELLENCE

We are stronger together

We deliver on our promises

We are dependable and trustworthy

RELIABLE

PASSIONATE

YOUR EXPERIENCE

Your office -

Study in a real sports environment

With us you are immersed in a sports environment right from the start and studying with other students who, just like you, are looking to start their journey into the world of sport.

Your education is practical based and will provide you with the opportunity to complete assignments and activities based on realistic situations, linked to working in a variety of sports related environments.

We want you, just like us, to experience what it is like to live and breathe sport, which is why with MITSkills you will train and learn in a real sports environment, inspiring you to meet your goals. We want you to be part of the sporting communities we work in, growing our positive impact and participation in sport.



ROADMAP TO SUCCESS

Sports Development Management

**FOCUS
ON**

Fitness Studio Manager
Talent Development Coach
Community Development Worker
Training Administrator
Events & Facilities Manager

Career Routes

Health & Fitness

**FOCUS
ON**

Fitness Instructor
Personal Trainer
Wellness Coach
Healthy Lifestyle Officer
Fitness & Performance
Coach

Marketing Media

**FOCUS
ON**

Commentator
Sports Journalist
Sports Photographer
Sports Marketing Professional
Social Media Professional

Science

**FOCUS
ON**

Sports Nutritionist
Physiotherapist
Sports Therapist
Sports Performance Analyst
Sport & Exercise Psychologist

Teaching & Coaching

**FOCUS
ON**

PE Teacher
Sports Coach
Play Worker
Primary School Teaching
Youth Worker

NEXT STEPS

A background image showing a man in a grey hoodie and a young man in a white football kit with blue accents, standing on a green football field under a clear blue sky.

**Take the next steps
towards your career**

Interested?

Visit **mitskills.com** and register your interest or book a presentation

Presentation

Join us at a presentation about the programme

Sports assessment

Attend a Sports Assessment and showcase your footballing ability

Interview

Meet with our education team to discuss your education options

Conditional offer

If you've impressed, you'll be given a conditional offer, pending your GCSE results

GCSE results day

Good luck! Attend our GCSE Results Day Drop-In to let us know how you got on

GET IN TOUCH

MIT Sport North England-01709 763 270

MIT Sport South England-01932 331 940
mitskills.com

Apply now at
Sport@mitskills.com to
register your interest.

MITSKILLS - Coventry Site

"MITSkills have provided me with the opportunity to complete an NCFE Level Three in Sport! Studying a diverse range of modules, combined with work placement opportunities, this has allowed me to make more of an informed decision about what course I will progress onto at university"

MITSKILLS – Workop Site

Thank you to the tutors at MITSkills who have helped me complete my NCFE course this year! Having the opportunity to study and enjoy playing football every day really made coming to college easy! The tutors made it easy to understand the work we had to complete and I loved coming away from lessons knowing I had achieved success"

Jamie Forester – Ex Leeds United Professional Footballer

"MITSkills gave me the chance to work in an elite environment allowing me to get the very best out of my players! Due to the strong link to sports performance and coaching in their modules, I was able to use my practical expertise to embed the students theoretical knowledge during training and match days alike"

**Scan the QR Code to
complete our
application form**



sport@mitskills.com